

Every age • adapted to your group

Defend Yourself Against AI.



Build practical habits for an AI-shaped world. Learn to pause, verify and protect personal information when a message, image or answer seems convincing.

What we work toward

- Recognize privacy risks and common signs of digital deception.
- Check a source or claim before trusting or sharing it.
- Choose a safe next step and know when to ask a person for help.

Inside the session

01 Spot the warning signs

Discuss a fictional message, image or impersonation scenario. Identify pressure, unusual requests and reasons to pause.

02 Protect what matters

Decide which information should stay private. Practice safer choices around prompts, links, passwords and sharing.

03 Check, then act

Compare evidence, verify through another trusted channel and build a short checklist: pause, protect, check and ask.

The practical details

60 minutes, including Q&A.

Classroom: up to 25 students. Assembly capacity agreed separately.

English or Spanish. Online or in person.

USA and Latin America; travel agreed separately.

School supervision and a shared screen. Individual devices are optional.

Thoughtful from the start

Fictional, age-appropriate scenarios only. No real attacks, password collection or exposure to harmful material. The focus is everyday awareness and judgment.

What the group takes away

A practical decision checklist and rehearsal of safer responses to misleading or suspicious AI-related content.

Shaped around your group

Children focus on private information and trusted adults; teens explore manipulation and impersonation; adults work through relevant school, family or workplace scenarios.